

# Juniors and Seniors

## Grades 7–12

*Young adult and adult listings at the end.*



### Monday

6:45-8:00	Ballet Level 3 Advanced
8:00-8:45	Jumps, Leaps, and Turns
4:45-6:20	Ballet Level 5 Advanced
8:00-9:00	Pointe Level 4 Advanced
6:30-8:00	JADCO Company Rehearsal
5:30-6:40	JADCO Apprentices Rehearsal

### Tuesday

5:00-6:00	Hip Hop Level 5 Advanced
6:00-7:00	Hip Hop Level 3 Intermediate
6:00-7:15	Ballet Level 4 Intermediate
4:30-6:00	Advanced Level 4 Technique/Pointe work
6:15-7:45	Advanced Level 5 Technique/Pointe work
7:00-8:00	Tap Level 4 Intermediate
8:00-9:00	Tap Level 5 Advanced
5:15-6:00	Tap Introductory through Intermediate

### Wednesday

4:45-6:20	Contemporary 4 (3 yrs. Ballet pre-requisite)
6:30-7:45	Contemporary 5 (4 yrs. Ballet pre-requisite)
6:30-7:45	Ballet 4 (second class of the week)
4:45-6:30	Ballet 5 (second class of the week)
7:45-8:45	Pointe 1 (must take at least 2 ballet lessons per week)

### Thursday

4:15-5:15	Modern 3
6:15-7:30	Modern 4
4:30-6:00	Advanced Pointe Technique (Invitation Only)

**6:45-7:30**      **Hip Hop** (high school only)  
**7:30-8:20**      **Broadway Dance**  
**6:00-6:45**      **Hip Hop 3**  
**5:20-6:00**      **Broadway Dance Jr.**  
**8:20-9:00**      **Private Coaching** (reservation required)

## **Adults**

**Tuesday 7:45-8:45**      **Hip Hop and Club Style Dance**  
(Adults 21 and older)

**Thursday 7:30-8:20**      **Adult Ballet**  
(Adults over 35)